



# YWCA CAMPS

## *Bergen & Hudson*

# Parent & Camper Orientation

**eliminating racism  
empowering women**

**ywca**

**Northern New Jersey**



Dumont, Hoboken, Mahwah, Weehawken

# Our Mission



YWCA Northern New Jersey is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.

About YWCA Northern New Jersey

Our YWCA has been serving the community since 1920 with programs that improve lives, inspire change, and create opportunities. We provide safe, welcoming places for women, girls, and families to learn, share, and grow; support women and girls on their paths to educational, career, and financial success; and advocate for women's rights and civil rights.

We are one of the area's largest provider of childcare services, a recognized leader in health and wellness programs, and operator of healingSPACE, Bergen County's only Sexual Violence Resource Center.



# Welcome to our *Summer Camp* 2024



Welcome and thank you for choosing YW  
Summer Camps for your child's summer  
camp experience.

We are looking forward to another terrific summer with  
lots of fun, exciting activities and special events.  
Preparing for camp is very important which is why we try  
to make it easier for you.





# Our Staff

## Meet the Team



### Administration

**Daniela Pinto** – Director of Youth Development

**Akil Davis** – Manager of School Age Program

**Jafili Fernandez** – Manager of Camp Programs

**Mary Agnello** – Registration

**Jessi Isabel** – Billing

### YWCamp@Hoboken Directors:

**Valeria Chavez**

**Samantha Gomez**

Our experienced staff go through our YW training.

- First Aid/CPR training
- Background Checks
- National Child Abuse Registry

**DANIELA:**



**AKIL:**



**MARY:**



**JESSI:**



**JAFILI:**







# Meet the Directors



Manager of Summer Camps:  
Jafili Fernandez

Assistant Director:  
Samantha Gomez

Director:  
Valeria Chavez

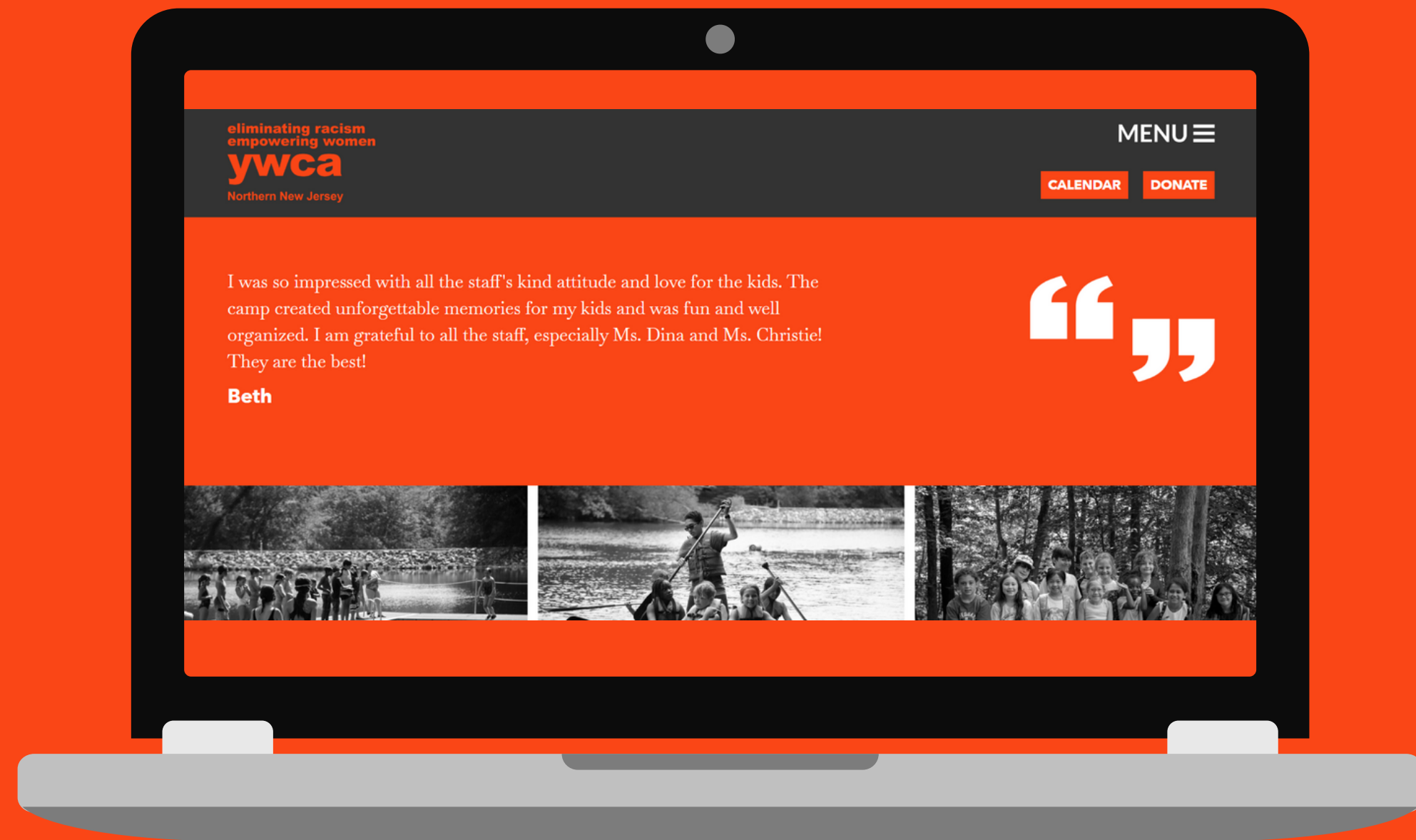
\*\*\*THERE ARE ALSO  
SPECIALISTS AND  
YOUTH  
COUNSELORS ON  
SITE AND WILL BE  
INTRODUCED IN  
THE CAMP  
WELCOME LETTER.



# How to Apply To Our Camps?



- Visit our YWCA NNJ Website for all applications, medical forms, brochure and more!
- All applications and medical forms must be submitted to [campregistration@ywcannj.org](mailto:campregistration@ywcannj.org) in order to be processed.
- **Registration Questions?** Contact: Mary at [campregistration@ywcannj.org](mailto:campregistration@ywcannj.org)
- **Billing Questions?** Contact Jessi at [sapbilling@ywcannj.org](mailto:sapbilling@ywcannj.org) (Spanish speaker)



# Groups & Staff

## *Separated by Age Groups*



### **Group 1**

(5- 6 years old)



### **Group 2**

(7 years old)



### **Group 3**

(8 years old)



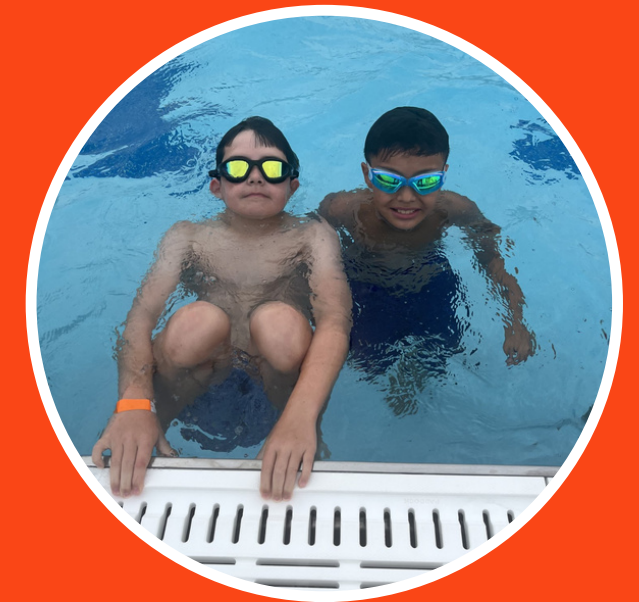
### **Group 4**

(9-10 years old)



### **Group 5**

(11-12 years old)



\*Groups are subject to change due to enrollment.

\*If you would like to pair campers with friends please add to registration paperwork. (Must be same grade level)



# Ratios

## State Requirement

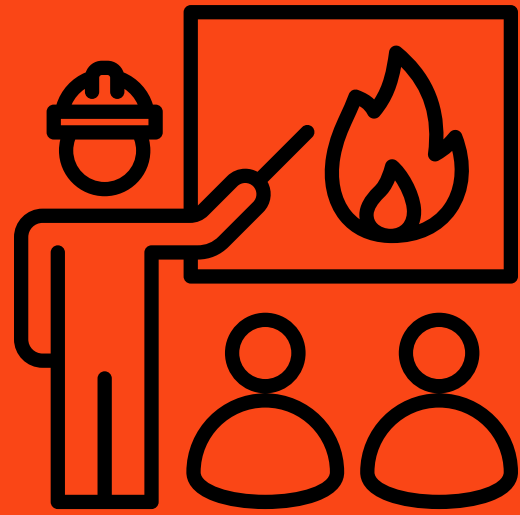


Staff to Camper  
Ratio is 1:10

(Every group will have a minimum of 2  
counselors)







# Our #1 Priority is Safety

## *Emergency Procedures*



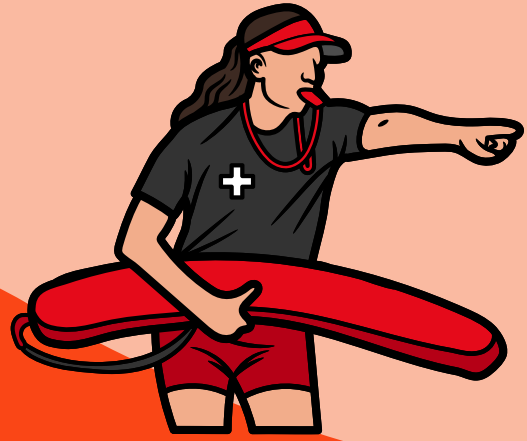
YWCamp@Hoboken will follow the Hoboken School District fire, lockdown, and shelter in place procedures.

We will be conducting these drills throughout the summer. We will be partnering with the local police department to ensure proper safety for our children.



# Ratios

## Swim



Lifeguard to Camper  
Ratio is 1:10







# Swimming@Dumont

Swim lessons are held in the morning.

- Our Dumont campers swim off-site at the **Dumont Swim Club**.
- **Every Monday** – campers get tested so they are properly placed into their swim levels.
  - No life vests PERMITTED during the test
- **Nervous swimmers?** Swimmers who would prefer to use life vest are more than welcome to.
- Swim lessons are conducted by the lifeguards and the classes are structured.







# Swimming@Hoboken

Swim lessons are held in the afternoon (12:45pm to 4:00pm).

- Our Hoboken campers will **walk** to and from the **Hoboken High School** for their daily swim lessons.
- **Every Monday** – campers get tested so they are properly placed into their swim levels.
  - No life vests PERMITTED during the test
- **Nervous swimmers?** Swimmers who would prefer to use life vest are more than welcome to.
- Swim lessons are conducted by the lifeguards and the classes are structured.
- Campers will be using the locker rooms for changing and storing their personal belongings.

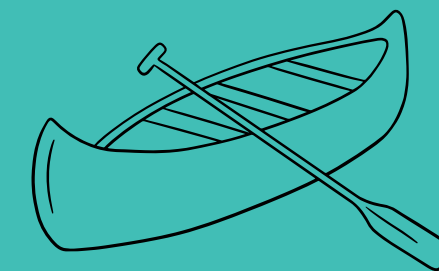






# Swimming@Mahwah

Swim lessons are held in the afternoon.



Boating is held in the morning.



- Our Mahwah campers swim on-site at our **natural lake front.**
- **Every Monday** – campers get tested so they are properly placed into their swim levels.
  - No life vests PERMITTED during the test
- **Nervous swimmers?** Swimmers who would prefer to use life vest are more than welcome to.
- Swim lessons are conducted by the lifeguards and the classes are structured.





# Swimming@Weehawken

Swim lessons are held in the morning.



- Our Weehawken campers swim off-site at the **Weehawken Waterfront Park**.
- **Every Monday** – campers get tested so they are properly placed into their swim levels.
  - No life vests PERMITTED during the test
- **Nervous swimmers?** Swimmers who would prefer to use life vest are more than welcome to.
- Swim lessons are conducted by the lifeguards and the classes are structured.





# Hours of Operation

*& Pre/Post Camp*



**8:30 AM TO 5:00 PM**

**PRE AND POST CAMP:**

- Pre Camp: 7:30am to 8:30am
  - \$50 per week
- Post Camp: 5:00pm to 6:30pm
  - \$50 per week



During this time campers will be in the gym and will have a variety of activities available. Feel free to pack snacks for your child.



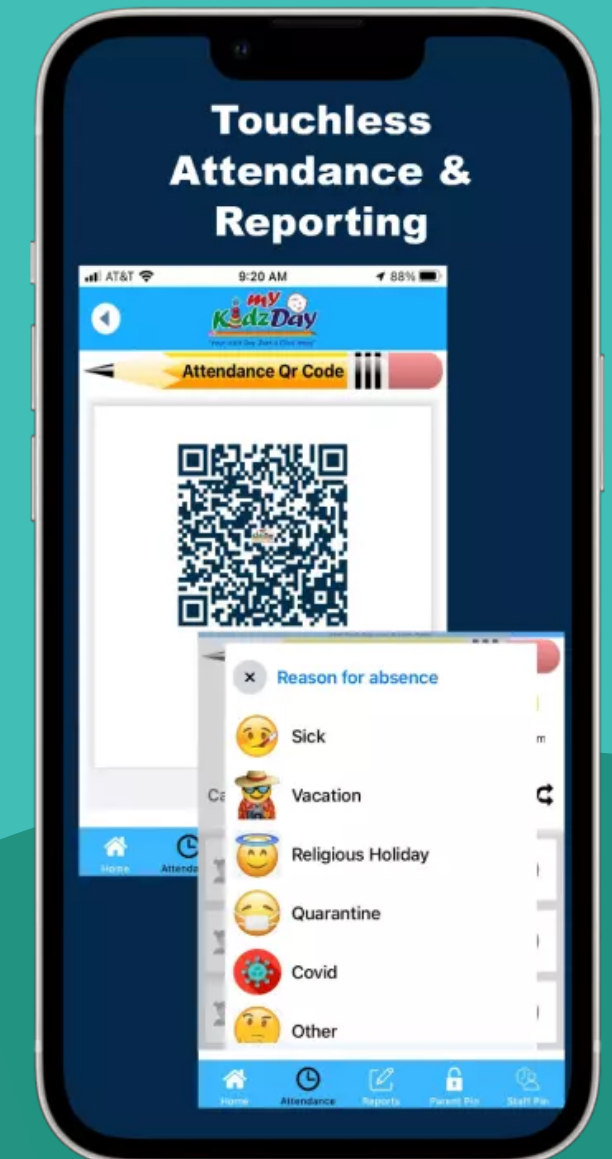
# Sign In and Sign Out

*We Use an App!*

My Kidz Day App (Make sure to download the **MyKidzDay Parent App**)

Campers must be signed in and must be **SIGNED OUT** by an authorized pickup person.

18 years old or older

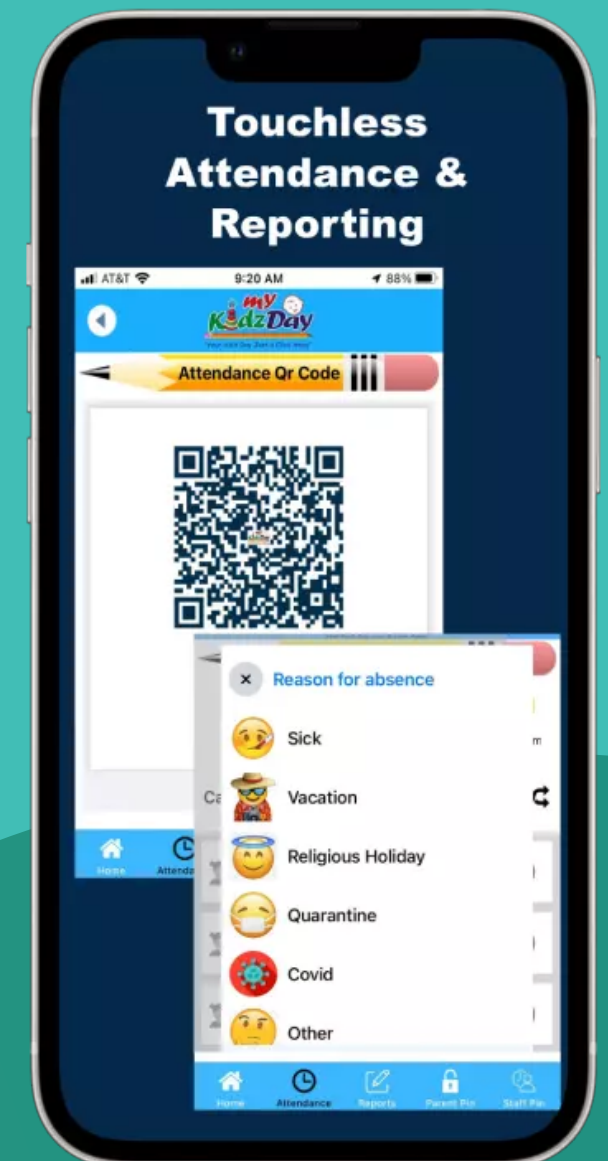




# Sign In and Sign Out

*We Use an App!*

- Please fill out you child's profile.
  - Allergies/Medical
  - Emergency Pick Up
  - Child's Photo
  - Additional Notes





# Daily Sign-In and Daily Sign-Out *Arrival and Departures*

YWCA STAFF will be in the blacktop area. Once campers have been checked in and attendance has been taken, they will enter the building.

For the safety and security of your child, children are **NOT PERMITTED** to walk to and from camp. (Unless accompanied by an adult that is **18 or older.**)

Please review the Parent Handbook about our late dropoff and pick up policies.



[ywcanj.org](http://ywcanj.org)





# Daily Sign In and Daily Sign Out

## *Arrival and Departures*

### At YWCA Camp@Mahwah



YWCA STAFF will be at each bus stop location. Once all campers have been checked in and attendance has been taken, they will then depart for camp. If a parent is running late and has missed the bus, they can drop-off their child at camp in an emergency situation only. Please review the Parent Handbook about our late drop-off and pick up policies.





# What is considered a nut-free snack?

*Lets Keep Our Friends Safe!*

*Avoids all nuts, nut products and traces, including peanuts (also known as groundnuts), cashews, walnuts, pecans, almonds, Brazil nuts, macadamia nuts, hazelnuts, pistachios and pine nuts.*

**We provide snack every  
afternoon.**

Feel free to pack extra  
snacks!





# Medications Policy

*First things First... Health*



**\*MEDICAL FORMS**

**\*CAMP HEALTH RECORD**

(Universal Health Records are accepted)

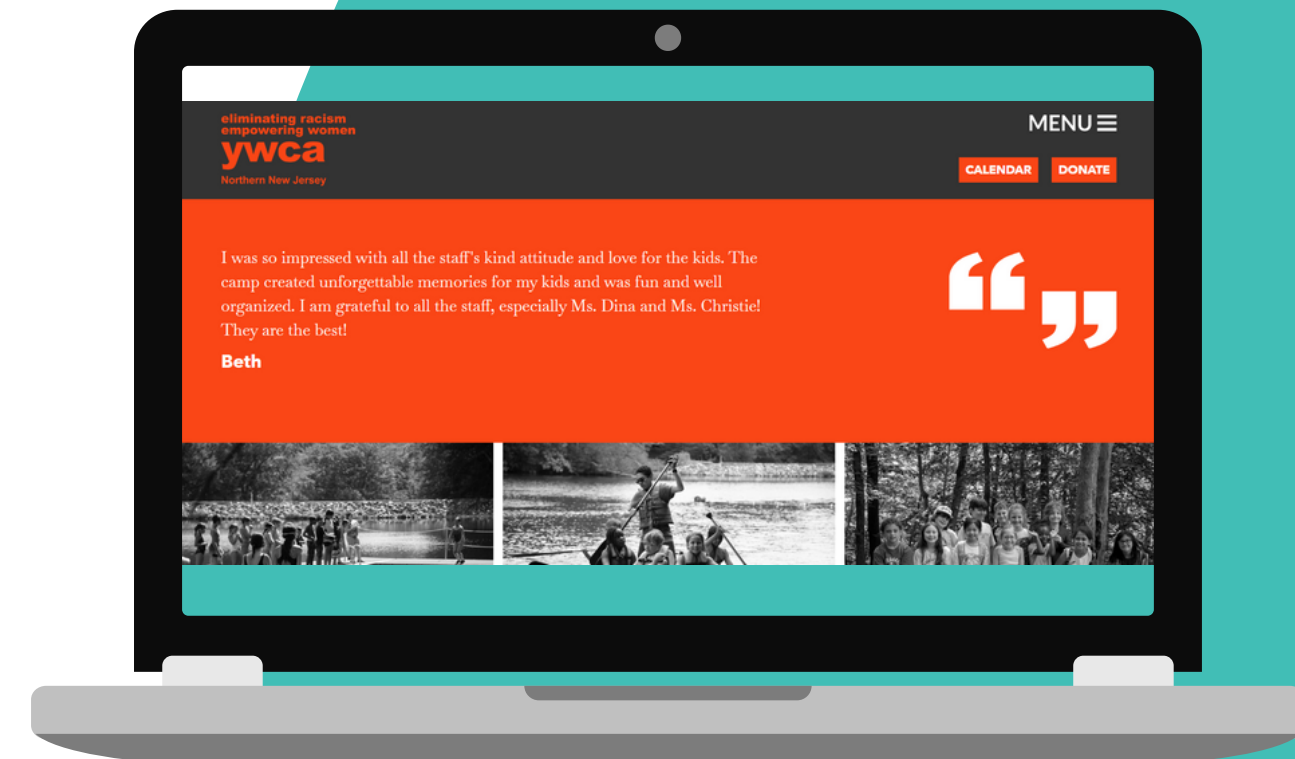
**\*PERMISSION TO ADMINISTER MEDICATION**

Action Plans Must be Provided with Medications  
(Please make sure that the parent portion is signed.)

**MUST SUBMIT MEDICAL FORMS  
WITH APPLICATION IN ORDER TO  
BE PROCESSED.**



Visit our website for all  
Medical Form requirements







Bus Transportation at  
YWCAMP@Mahwah,  
YWCAMP@Dumont,  
and  
YWCAMP@Weehawken

# Transportation

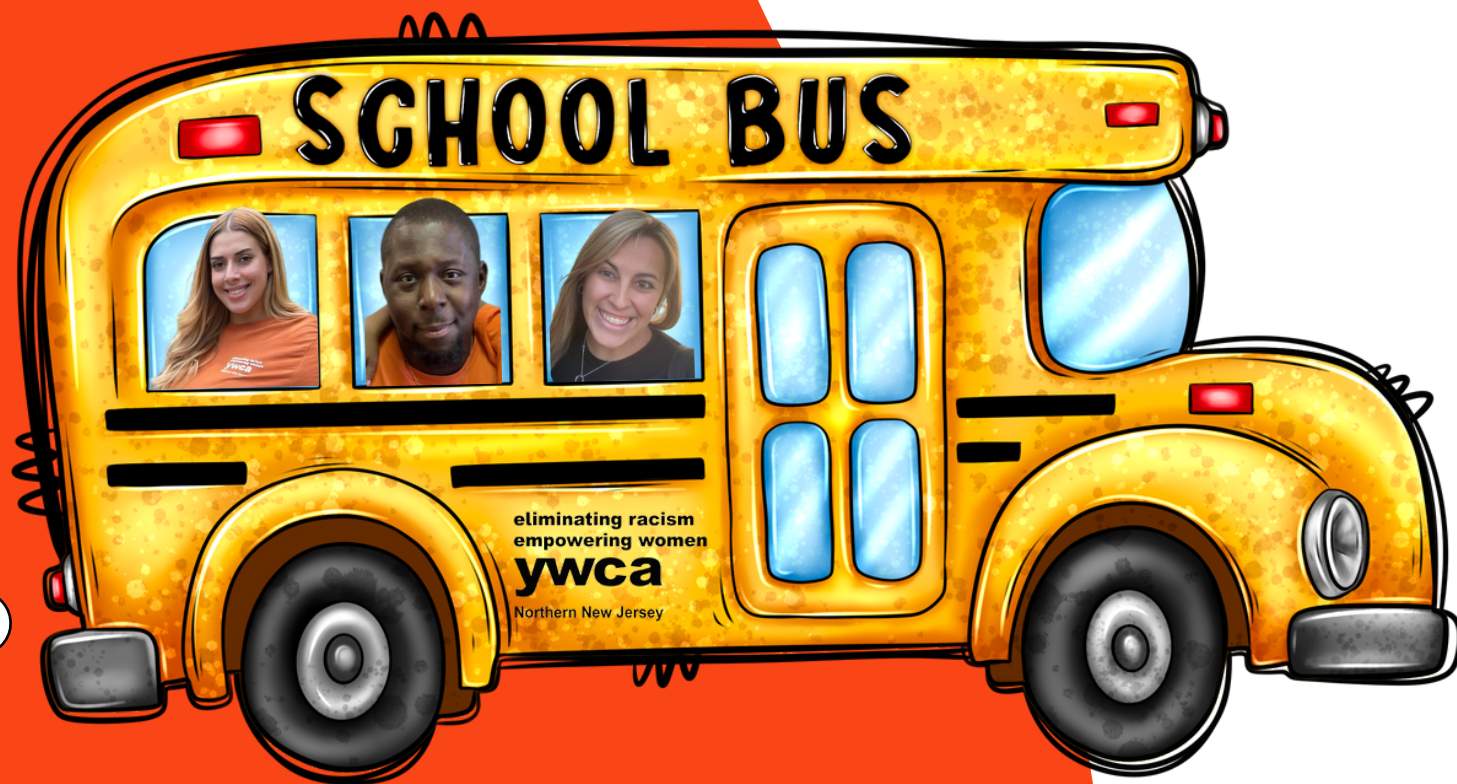
## *Our Bus Policy*



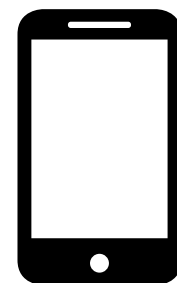
Bus counselors will be on the bus with the campers at all times.



All campers and staff will need to follow all bus safety procedures and guidelines .



Seat belts will be checked and must stay on for the duration of the trip.



Please check your parent handbook for direct bus counselors' phones.



# Billing & Registration *Policy*



## **CONTACT INFORMATION**

Registration Questions:

Mary

[Campregistration@ywcannj.org](mailto:Campregistration@ywcannj.org)

Billing Questions:

Jessi

[sapbilling@ywcannj.org](mailto:sapbilling@ywcannj.org)

(\*Spanish Translation)



# How many weeks do I have to sign up for?

*We are flexible!*



You can pick and choose the weeks you would like your child to attend. There is no minimum, we are flexible!

- If you would like to **add additional weeks** during the camp season, please email **[campregistration@ywcanj.org](mailto:campregistration@ywcanj.org)**. Children must be registered by the prior **WEDNESDAY** to start on the following week. Children registered on **Thursday will incur a \$50 late registration fee**. **Friday signups are not available**. **Space may be limited so make sure to sign up with enough time.**



**WE HAVE AN EXCITING INCENTIVE FOR SUMMER 2024**



**EARLY BIRD SPECIAL – PROMO CODE EARLY24 – REGISTER AND PAY IN FULL FOR AT LEAST 4 WEEKS BY FEBRUARY 16TH AND RECEIVE A 10% DISCOUNT ON THOSE WEEKS. (RECEIVE 10% OFF THE FIRST 4 WEEKS ONLY) THIS CODE IS NOT APPLICABLE FOR PRE AND POST CAMP.**

**THIS PROMO CODE EXPIRES ON FRIDAY, FEBRUARY 16, 2024**



1. Full payment is due upon enrollment. A confirmation receipt for payment will be sent via email.
2. \$25 service fee will be charged for withdrawals or changes and requires advance notification.

**(All fees/tuitions are nonrefundable)**

## **Additional Weeks:**

If you would like to add additional weeks during the camp season, please email [sapbilling@ywcanj.org](mailto:sapbilling@ywcanj.org).

Children must be registered by the prior

**WEDNESDAY** to start on the following week.

**Children registered on Thursday will incur a \$50 late registration fee. Friday signups are not available**





Children not picked up by scheduled pickup time will be subject to the following:

## **Late Pick Up Policy**

- 1st late pickup – no late fee but email sent to document the occurrence
- 2nd late pickup – \$25 late fee letter sent out reminding parents of our policy
- 3rd late pickup – \$50 late fee letter sent out reminding parents of our policy
- 4th late pickup – \$100 fee suspended from program for the next scheduled day
- 5th late pickup – immediate removal from program

Tuition credit is not given for absence due to illness, vacation or removal from program.



Billing & Registration Policy



# Enrollment *Changes*

- Registration, and weekly fees are **non-refundable**. There is a \$25 processing fee for changes. There will be a \$35 service charge if payments are not honored from your credit card or account on file.
- We do not issue credits or refunds for sickness or closings due to inclement weather.



If you would like to add additional weeks during the camp season, please email [campregistration@ywcannj.org](mailto:campregistration@ywcannj.org). Children must be registered by the prior **WEDNESDAY** to start on the following week. Children registered on **Thursday will incur a \$50 late registration fee. Friday signups are not available.**

To withdraw from a program, contact  
[campregistration@ywcannj.org](mailto:campregistration@ywcannj.org).

**All fees/weekly tuitions are non-refundable.**



Billing & Registration  
*Policy*



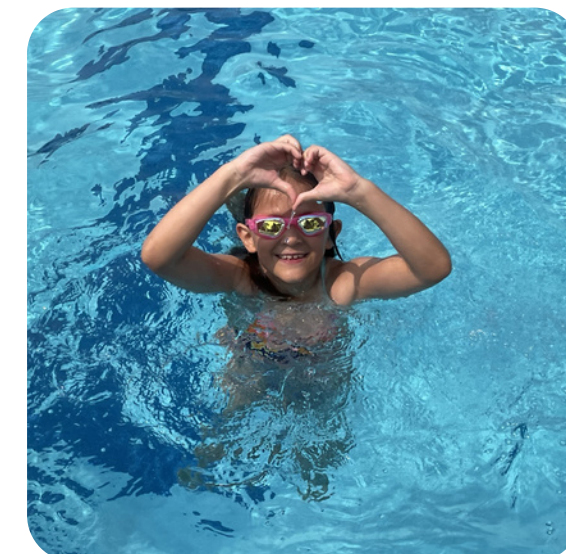
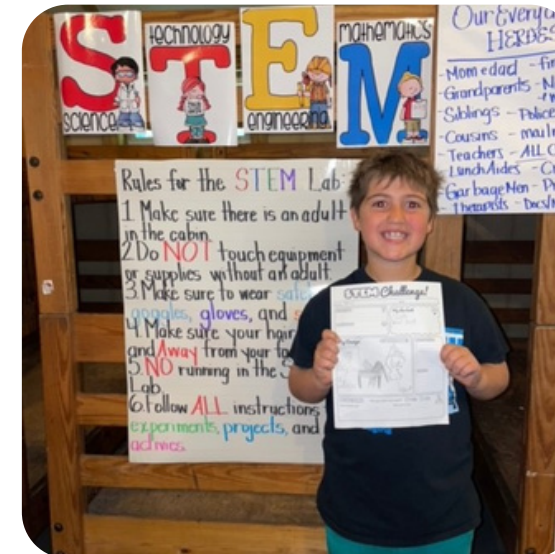


# Camp Daily Overview



*What does a camp day look like?*

- Monday – Friday
- 8:30 – 5:00
- Rotation of activities from 9:00– 4:30
- Art & Crafts
- STEM
- Sports
- Music
- Swimming (Afternoon at Hoboken)
- Yoga
- Boating (Mahwah only)
- Archery (Mahwah only)







# MORNING SCHEDULE:

GROUP 1

GROUP 2

GROUP 3

GROUP 4

GROUP 5

8:30-8:45

Drop Off and Attendance

8:45-9:00

Camp Morning Meeting

9:05-9:45

STEM

ART

MUSIC

SPORTS

YOGA

9:50-10:35

YOGA

STEM

ART

MUSIC

SPORTS

10:40-11:20

SPORTS

YOGA

STEM

ART

MUSIC

11:25-11:55

MUSIC

SPORTS

YOGA

STEM

ARTS

12:00-12:45

FUEL TIME: LUNCH

**\*SUBJECT TO CHANGE\***





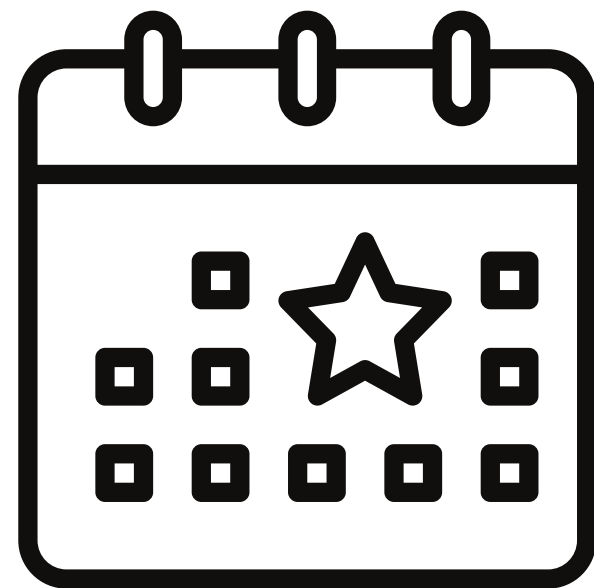
# AFTERNOON SCHEDULE:

	GROUP 1	GROUP 2	GROUP 3	GROUP 4	GROUP 5
12:45-1:25	Walk to Swim 12:45-1:00		SPORTS	YOGA	STEM
1:30-2:00	Swim 1:00-2:00		GYM/BLACKTOP 1:30-2:00		
2:00-2:15	Walk back to Camp		Walk to Swim 2:00-2:15		
2:20-3:35	Playground/Blacktop 2:20-3:35		Swim 2:15-3:15		
			Walk to Swim 2:00-2:15		
3:45-4:25	ART	MUSIC	GYM/BLACKTOP 3:35-4:20		
4:30-4:50	Snack Time!				
4:50-5:00	Dismissal				

**\*SUBJECT TO CHANGE\***

# Camp Calendar

## Our Special Events



eliminating racism  
empowering women

**ywca**

Northern New Jersey

Weeks:	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> Wild Wild West	Welcome to Camp!	RODEO Day	Bandanna Day	National Bomb Pop Day: Ice Cream Social	GOLD RUSH FRIDAY
<b>Week 2</b> Stars & Stripes	Star Wars Day	Red White & Blue Day	COMMUNITY HERO DAY	CAMP CLOSED 4th July	CAMP CLOSED
<b>Week 3</b> Around the Globe	International Day	Wear your Colors	International Olympics Dragon Festival	International Olympics Bollywood Music Festival	OLYMPICS: THE FINALS Passport to Camp!
<b>Week 4</b> Rising Stars	TALENT SHOW PREP	Glow-tastic Dance Party	Dress Rehearsal	A YWCANNJ Talent Show ON AIR	Group Songfest
<b>Week 5</b> Into the Wild	LEAP FROG CHALLENGE	Save the Earth Day	WATER CYCLE Project & RUBBER DUCKY Surprise	Rizzo's Wildlife World	A YWCANNJ COOKOUT BBQ
<b>Week 6</b> Wellness	Campers Helping Camper	A Secret Healthy Snack	Mindfulness Wednesday	Affirmation Planting	MAKING MOVEMENT FUN
<b>Week 7</b> Spirit	Crazy Hat Day!	Mismatch Day	NATIONAL SMORES DAY SUPER HERO DRESS UP DAY	HALLOWEEN-DAY	A CARNIVAL SPECIAL WEAR YOUR CAMP SHIRTS
<b>Week 8</b> Spark your Mind <small>*Only at Weehawken, Hoboken &amp; Mahwah</small>	Rock Your Kicks	COOKIE CREATIONS	JERSEY DAY!	DESIGN YOUR OWN OUTFIT FOR YOUR PET	Lego Building Challenge
<b>Week 9</b> Exploration <small>*Only at Mahwah</small>	MR. MIKE'S CAMP SCAVENGER HUNT	WILD STAMPED DRESS UP DAY	Out of this World Space Exploration	Make some nature art!	Last Camp Nature Hike as a family

Manager of Camps:  
Jafili Fernandez

jfernandez@ywcannj.org  
201-345-4616





**WATER GAMES**



**BEE WORKSHOP**



**BUBBLE PARTY**



**BOUNCY HOUSES**

# Exciting Camp Activities

*We are here to engage all learners*



**BOLLYWOOD  
MUSIC FESTIVAL**



**SWIM RELAYS**



**PLANT  
AFFIRMATIONS**



**RAISING  
BUTTERFLIES**



- PLEASE LABEL all children's belongings
- Towel(s)
- 1 bathing suit
- Plastic bag to store wet bathing suit
- Sneakers/Closed-toe sandals
- A refillable water bottle.
- Sunscreen (spray bottles preferred)
- Lunch in an insulated bag
- Bug spray-suggested
- Extra change of clothes-suggested
- Swim goggles-suggested
- Swim shoes-suggested for Mahwah campers (for lake/boating)

# Pack List

*What to bring in your bag?*







# What should campers wear each day?



- Wear your camp shirt Mondays and on special events!
- Comfortable and breathable clothing.
- Sneakers or closed-toe shoes.

\*In some locations there is AC please provide a light jacket if you know your child gets cold.



# Technology *Policy*



Digital technology has increased the potential for images to be misused, inevitably causing concerns about the risks to which children and young people may be exposed. Our staff are well trained in these matters and are aware that failure to follow any of these policies could result in disciplinary action up to and including termination of employment.

The use of television, computers, and other video equipment in a group setting shall be limited to educational and instructional use, shall be age and developmentally appropriate, and shall not be used as a substitute for planned activities or for passive viewing.

**\*If parents need to check up/updates on their child they can use the camp phone number or the MyKidzDay app during camp hours.**

**\*YouTube/ Video games /any use of social media are PROHIBITED.**

**\*CELL PHONE, AIR PODS, SMART WATCHES USE IS NOT PERMITTED.**





# Lunch/Snack

*Lets Fuel Up!*



**Cheddar Up**

**\*Lunch Period will  
be at 12pm**

- Pack lunches and snacks
- We are a NUT- Free Environment
- We provide snack every afternoon



Online ordering for Pizza, links will be sent out weekly and must be submitted by every Wednesday.



**Cheddar Up**  
*Pizza Fridays*



# Camper Disciplinary *Actions*



Listen to  
your camp  
counselors



Never leave  
your  
campsite



Be a good  
listener



Be a friend  
NOT a bully



Always have  
your  
thinking cap  
on



Make safe  
choices



Help clean  
everywhere  
you go



HAVE  
FUN!





# YWCAMP@Mahwah *Camp Open Houses*



Saturday, March 9th @ Mahwah

○ 10:00 am – 1:00pm

Saturday, April 13th @ Mahwah

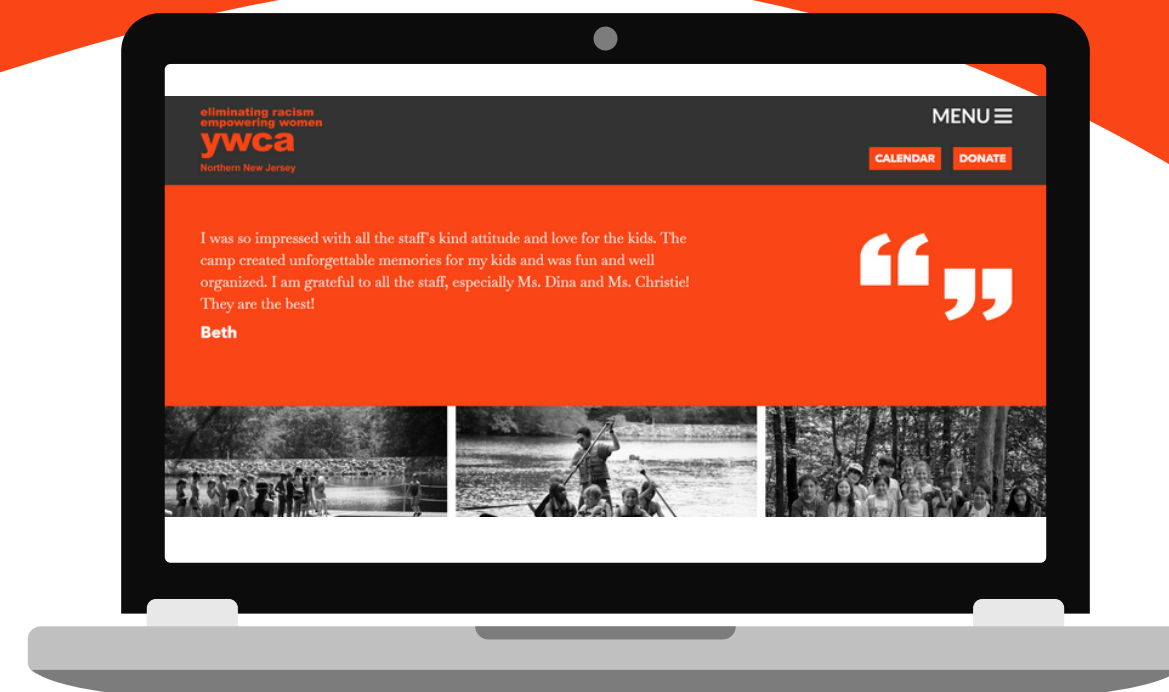
○ 10:00 am – 1:00pm

Saturday, May 13th @ Mahwah

○ 10:00 am – 1:00pm



To Register for a Mahwah  
Camp Tour Email :  
[campregistration@ywcanj.org](mailto:campregistration@ywcanj.org)







**Y**OUTHFUL SPIRITS  
**W**ELCOMING CHALLENGES  
**C**REATING MEMORIES AND CREATING CHANGE  
**A**DVENTURES UNFOLDING  
**M**AINAINING A SAFE ATMOSPHERE  
**P**LEDGING FRIENDSHIPS AND LIFELONG BONDS  
**S**HOOTING FOR THE STARS







Check Out Our Website  
*The Resource Tab*



**YWCANNJ.ORG**



Under the Resources Tab you can find

- Parent Handbook
- Frequently Asked Questions
- Aquatics Frequently Asked Questions
- 2024 Camp Calendar

